

¶ The Time.

They floure and seed from Iune to the end of August.

¶ The Names.

Garden Orach is called in Greeke, *ἄνισκος* : in Latine, *Atriplex*, and *Aureum Olus* : in Dutch, *Weld* : in French, *Arrouches ou bonnes dames* : in English, Orach, and Orage : in the Bohemian tongue, *Leboda* : Pliny hath made some difference betwene *Atriplex* and *Chrysolachanum*, as though they differed one from another ; for of *Atriplex* he writeth in his twentieth booke ; and of *Chrysolachanum* in his twenty eighth booke, and eighth chapter : where hee writeth thus ; *Chrysolachanum*, saith he, groweth in Pinetum like Lettuce : it healeth cut sinewes if it be forthwith applied.

3 This wilde Orach hath beene called of *Lobel*, *Polysspermon Cassani Bassi*, or All seed.

¶ The Temperature.

Orach, saith *Galen*, is of temperature moist in the second degree, and cold in the first.

¶ The Vertues.

Dioscorides writeth, That the garden Orach is both moist and cold, and that it is eaten boyled A as other sallad herbes are, and that it softneth and looseth the belly.

It consumeth away the swellings of the throat, whether it be laid on raw or sodden. B

The seed being drunke with meade or honied water, is a remedie against the yellow jaundice. C

Galen thinketh, that for that cause it hath a clensing qualitie, and may open the stoppings of the D liuer.

† The figure which was in the second place was of *Pes Anserinus* 2. of *Taber*. The figure in the fourth place was of the wild Orach, that I have described in the fifth place.

CHAP. 46. Of Stinking Orach.

Atriplex olida.

Stinking Orach.

¶ The Description.

Stinking Orach growes flat vpon the ground and is a base and low plant with many weak and feeble branches, whereupon doe grow small leaues of a grayish colour, sprinkled ouer with a certaine kinde of dusty mealinesse, in shape like the leaues of *Basil* : amongst which leaues here and there confusedly be the seeds dispersed, as it were nothing but dust or ashes. The whole plant is of a most loathsome saour or smel ; vpon which plant if any should chance to rest and sleepe, he might very well report to his friends, that he had reposed himselfe among the chiefe of *Scoggins* heires.

¶ The Place.

It groweth vpon dunghills, and in the most filthy places that may be found, as also about the common pissing places of great princes and Noblemens houses. Sometime it is found in places neere bricke kilns and old walls, which doth somewhat alter his smell, which is like tosted cheefe : but that which groweth in his naturall place smells like stinking salt-fish, whereof it tooke his name *Garosmus*.

¶ The Time.

It is an herbe for a yeare, which springeth vp, and when the seed is ripe it perisheth, and recouereth it selfe againe of his owne seed ; so that if it be gotten into a ground, it cannot be destroyed.

¶ The Names.

Stinking Orach is called of *Cordus*, *Garosmus*, because it smelleth like stinking fish : it is likewise called



called *Tragium Germanicum*, and *Atriplex fetidagarum olens*, by *Pena* and *Lobel*: for it smelleth more stinking than the rammish male Goat: whereupon some by a figure haue called it *Pulvaria*: and it may be called in English, stinking Mother-wort.

¶ *The Nature and Vertues.*

A There hath been little or nothing set down by the Antients, either of his nature or vertues, notwithstanding it hath beene thought profitable, by reason of his stinking smell, for such as are troubled with the mother: for as *Hippocrates* saith, when the mother doth stifle or strangle, such things are to be applied vnto the nose as haue a ranke and stinking smell.

CHAP. 47. Of Goose-foot.

¶ *The Description.*

1 **G**oose-foot is a common herbe, and thought to be a kinde of Orach: it riseth vp with a stalke a cubit high or higher, somewhat chamfered and branched: the leaues be broad, smooth, sharpe pointed, shining, hauing certaine deepe cuts about the edges, and resembling the foot of a goose: the floures be small, something red: the seed standeth in clusters vpon the top of the branches, being very like the seed of wilde Orach, and the root is diuided into sundry strings.

2 This differs from the last described, in that the leaues are sharper cut, and more diuided, the seed somewhat smaller, and the colour of the whole plant is a deeper or darker Greene.

1 *Atriplex sylvestris latifolia, sive Pes Anserinus.*
Goose-foot.

2 *Atriplex sylvestris latifolia altera.*
The other Goose-foot.



¶ *The Place.*

It growes plentifully in obscure places neere old walls and high-waies, and in desert places.

¶ *The Time.*

It flourisheth when the Orach doth, whereof this is a wilde kinde.

¶ *The Names.*

The later Herbarists haue called it *Pes anserinus*, and *Chenopodium*, of the likenesse the leaues haue with the foot of a Goose: in English, Goose-foot, and wilde Orach.

¶ *The*