

Wilkes University News

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Two Wilkes University Nursing Professors Provide Valuable Lesson to Local High School Students

Wilkes-Barre -- Two members of Wilkes University's Nursing Faculty are teaching an important lesson to local high school students. Bridgette Zielinski and Deborah Zbegner, both assistant professors of Nursing, are presenting "NO WAY BABY," an educational program utilizing life-like, battery-operated baby dolls to teach high school students the realities involved with child care in an attempt to prevent teen pregnancies.

The "Wake-up Call" Dolls cry at set times and come with 'easy' and 'colicky' settings. They were purchased by the Wilkes Nursing Faculty with a grant from the March of Dimes. The program aims to decrease adolescent pregnancy rates in Luzerne County by providing education and knowledge of parenthood.

For more information about the "NO WAY BABY" program, call (717) 831-4070.

PHOTO:

Shown during a "NO WAY BABY" class are, from left -- Bridgette Zielinski, West Pittston, assistant professor of nursing, Wilkes University; Joseph Cavanaugh, Mountaintop; Amy Tribendis, Hanover, Bishop Hoban High School students; Marie Revesz, Avoca, teacher, Bishop Hoban High School; and Deborah Zbegner, Mountaintop, assistant professor of Nursing, Wilkes University.



Faculty Resume Information Sheet

Full Name Zielinski Bridgette Z
Last First M.I.

School or College and Department Wilkes College-Department of Nursing

Age as of September 1, 1988, Date of Birth 35 1/14/53

Academic Rank Assistant Professor

Full-Time ☒ Part-Time ☐

Non-Wilkes College Teaching, If Part-Time _____

Earned Degrees	Name of Institution	Location	Area, Field or Major	Degree Received	Date Conferred
	St. Univ/New York	Binghamton	Nursing	MSN	May, 1982
	St. Univ/New York	Binghamton	Nursing	FNP cert.	May, 1982
	Wilkes College	W-B, PA	Nursing	BS	May, 1976
	Nesbitt Mem. Hosp. School of Nursing	Kingston, PA	Nursing	Diploma	June, 1973

Teaching Experience	Name of Institution	Location	Subjects/ Fields Taught	Full or Part-Time Rank	Dates of Service From-To
Incl. Wilkes	Wilkes College	W-B, PA	Nursing	Full Time	9/87-present
	Geisinger-Wyoming	W-B, PA	Nursing	Full Time	6/77-8/87
	Valley Medical Center School of Nursing				

Non-Teaching Experience

Full-Time	Firm or Organization or Self-Employed	Duties	Title	Dates of Service From - To
	Nesbitt Mem. Hospital	Team Leader	RN	1973-1977
Part-Time	Highland Manor Nsg Home	Charge Nurse	RN	5/88-7/88
	Leaser Nursing and Rehabilitation Center	Charge Nurse	RN	1974

List Major Consulting Activities

The Burn Foundation-Northeastern PA Coordinator

Bibliographic Citation of Principal Publications - Last Five Years

Memberships in Professional and Scientific Societies

Scope:

Local, State,

Offices

Organization Name

Regional, National

Held

National League of Nursing	National	
Sigma Theta Tau	National	Nominating Comm-1988-89
Nursing Education Consortium of Northeast PA	Regional	Pres-86/87 V. Pres-85-86
Alumni Assoc-Nesbitt Mem. Hosp	Local	

Wilkes College, SUNY

Teaching at Wilkes 1988-89 (including teaching overloads)

				Contact	# of	# of
	Course Title	Hrs. of	Hrs. of	Hrs. of	Day	Evening or
		Lecture	Recitation	Laboratory	Sections;	Weekend
		per Week	per Week	per Week	Enrollment	Sections/ Enrollment
Fall '88	Nursing 203/Nursing	4		12	1 section	class-47
Total of	Care of the Adult				1 section	clinical-8
Students	Client I					
Taught						
47						
Spring'89						
Anticipated						
Total of	Nursing 204/Nursing			12	1 section	clinical-8
Students	Care of the Adult					
Projected	Client II					
8						
-20	Nursing 299/Nursing	2.5		3	1	
	Forum					

Other Duties Performed for Base Salary, 1988-89 (Full-Time Faculty)

Duty/Activity	Hours per Week	# of Advisees: 13
Advising	5 freshman	
Research/Scholarship	1	
Committee Work	3	
Department Chairperson		

Other Duties for Extra Compensation, 1988-89 (Full-Time Faculty)

Duty/Activity	Hours per Week

esc

9-26-88

Babies give 'surrogate parents' a jolt of reality

■ Dolls programmed to cry are designed to show middle school students the responsibilities of parenthood.

By JENNIFER LEARN

Times Leader-Hazleton Bureau

HAZLETON — Nick Gonzalez did not like "fatherhood."

Cries jolted him out of a deep sleep at least four times during the night.

And he could not go out with friends because he did not have any money for a babysitter. The baby brought needs to care for the baby.

The frazzled seventh-grader's only consolation was that he could return the baby — a doll that looks and acts real — after 24 hours. Nick, who attends Hazleton Junior High School, is only 11.



Wilkes University professors Bridget Zielinski, left, and Deborah Sbegner, center, talk about their baby program after class with Hazleton Junior High School health teacher Linda Spense.

Babies

(Continued from Page 1)

Two Wilkes University professors are using the dolls to try to persuade Nick and other seventh-graders to finish high school before they consider having children.

Students who get their parents' approval to participate in the program pick up a baby before school starts and return it the next morning.

The battery-operated babies cry at set times — less when set on "easy" and more when set on "tough." A note must be held in the baby's mouth during feedings.

Students who are tempted to stuff the baby in the closet or bang it against the wall will be caught by a device that detects abuse or neglect. If the day with the baby interferes with school, the baby is kept in a "cry room" until the student's promise to do extra work.

Nick said the experience was enlightening.

"I don't want that responsibility," he said. "I thought it would be cool to have a baby because I used to be a baby, but when I was tired all the time, and I couldn't keep my eyes open."

Nick said he will wait until his mid-20s to have children.

"I'd have to give it up for adoption," he said.

Bridget Zielinski and Deborah Sbegner, the Wilkes professors who are teaching the class, programmed the babies to cry three times during the night.

"The colicky baby is really cruel. It cries every five to 10 minutes," Jenny Kroschick told her baby to a basketball game.

The baby cried during a time out, and Jenny's friends in the hallway, and friends kept bugging her to let them hold the baby.

Megan lugged the baby around classes all day. Then it hit her. She would also have to take the baby to her after-school activities. "I'm rarely home, so I had to take the baby everywhere with me," moaned Megan, 12, of Hazleton.

The next day, Megan was too tired for school because the baby woke her up for feedings at 11:30 p.m., 2:30 a.m. and 4:30 a.m.

She wonders why girls and boys talk about wanting to have a baby.

"If you have a baby at my age, it wouldn't have a good life," she said.

Zielinski and Sbegner bought the dolls for about \$1,000 with a grant from the March of Dimes, an organization with the goal of stopping birth defects.

Pregnancies in Hazleton Area schools

Here are the numbers of pregnancies in the Hazleton Area School District reported by students or their parents this school year. Students who already have a child are also listed.

School	Pregnancies	Babies
Hazleton Junior High School	2	1
West Hazleton Junior High	0	0
Freeland Junior High	0	0
Hazleton Area High School	9	14

They chose Hazleton Area School District because officials there are willing to try new programs — not because the district has more students with babies, Zielinski said.

Eventually the professors want to teach their program at all schools in Luzerne County, said Zielinski, who teaches pediatrics at Wilkes. Sbegner teaches obstetrics.

The professors also involve students in games and acting during the four-week program on teenage pregnancy.

In one exercise, a female student pretends she is a teen mother getting ready for the prom while her parents pack for a trip to Florida.

The babysitter calls to cancel, and the parents refuse to stay with the baby.

When the student's date rings the doorbell, she must explain she cannot go to the prom.

Students also were assigned to call pediatricians, child care centers and stores to find out what they would pay to dress, feed, immunize and provide other essentials for the babies.

They made charts of their findings.

"We don't discuss contraception. We don't get into how babies are made. Our whole focus is why you don't want to become a parent at such a young age," Zielinski said.



Hazleton Junior High School seventh-grader Jenny Kroschick, foreground, holds a specially programmed baby doll in class. Jenny had to take the baby to the basketball game.

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WILKES NURSING PROFESSORS PROVIDE LESSON TO HIGH SCHOOL STUDENTS- Two members of Wilkes University's Nursing Faculty are teaching an important lesson to local high school students. Bridgette Zielinski and Deborah Zbegner, Mountaintop, both assistant professors of Nursing, are presenting "NO WAY BABY", an educational program utilizing life-like, battery operated baby dolls to teach high school students the realities involved with child care in an attempt to prevent teen pregnancies. The "Wake-up Call" Dolls cry at set times and come with "easy" and "colicky" settings. They were purchased by the Wilkes Nursing Faculty with a grant from the March of Dimes. The program aims to decrease adolescent pregnancy rates in Luzerne County by providing educations and knowledge of parenthood. For more information about the "NO WAY BABY" program, call (717) 831-4070. Shown, from left, are Bridgette Zielinski, assistant professor of nursing; Wilkes University; Joseph Cavanaugh, Mountaintop; Amy Trebendis, Bishop Hoban High School students; Marie Revesz, teacher, Bishop Hoban High School; and Deborah Zbegner, assistant professor of Nursing, Wilkes University. 1 P225 FF

IN YOUR TOWN



Wilkes offers parenting course for teens

Two members of Wilkes University's nursing faculty, Bridgette Zielinski and Deborah Zbegner, assistant professors of Nursing, are presenting "No Way Baby" an educational program to teach high school students the realities involved with child care in an attempt to prevent teen pregnancy. The program utilizes life-like, battery operated baby dolls which cry at set times plus feature "easy" and "colicky" settings. The dolls were obtained through a grant provided by the March of Dimes. For more information about the program, call 831-4070. From left are: Zielinski, Joseph Cavanaugh, Amy Tribendis, Marie Revesz, teacher; and Zbegner.

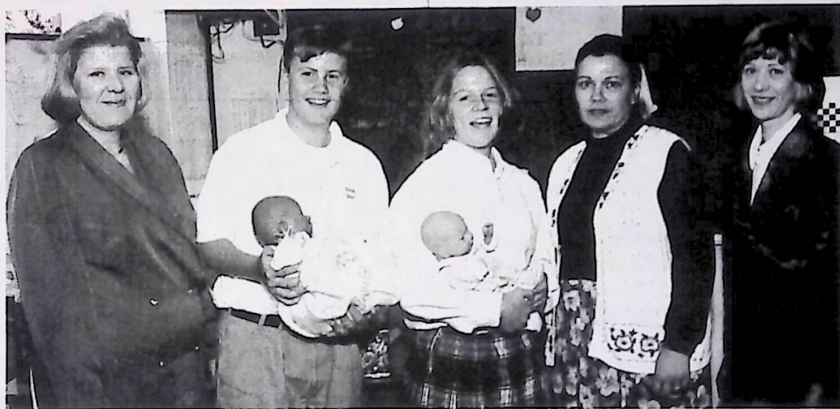
SUNDAY DISPATCH

PITTSTON, PA
SUNDAY 12,500

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Wilkes Nursing Professors Offer Child Care Seminar



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Wilkes University Nursing Students Participate In Health Fair

Wilkes-Barre-- Wilkes University Sophomore Nursing students will be participating in a Children's Health Promotion Fair on Thursday, April 24. The students will be at Mineral Springs Village, Wilkes-Barre, from 12-5 p.m., and Boulevard Townhouses, Wilkes-Barre, from 3-5 p.m.

The students will be discussing various topics such as handwashing, safety, poisons, exercise, nutrition, education, eye and ear safety, environmental importance, and the importance of education.

"Nursing partnership with the community lends itself to preventive health issues. The purpose of the health fair is for students to generate health promotion interventions for a pediatric population in the community. The focus is on common lifestyle related problems amenable to prevention," said Bridgette W. Zielinski, assistant professor of Nursing.

MORE

**FIRST ADD--WILKES UNIVERSITY NURSING STUDENTS PARTICIPATE IN
HEALTH FAIR**

PHOTO:

Seated First Row Left To Right--Lisa Chaney, Elaine Moran, Francine Freidlander, Heather Byrnes, Nicole Depew, Linda Girlock, Kathy Haggerty.

Standing Second Row Left To Right-- Ryan Lopez, Daria Kraptovitch, Lisa Gromelski, Barbara Hoffman, April Shurtleff, Caroline Nelson, Janet Sotaek, Sophia Rish, Christine Krystopa, Jeff Isaccs, Brian Znachko, Jeff Hornleir, Dave Jones, and Maggie Redmond.

Standing Third Row Left To Right--Jim Koch, Mary Agripides, Bonnie Hepplewhite, Lynn Belles, Rebecca Griffiths, Traci Ankudovich, and Marc Baron.

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Wilkes University

News

Stephanie Simmons
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WILKES UNIVERSITY HOLDS REGIONAL COMPUTER CONFERENCE

WILKES-BARRE-- Local education administrators and computer specialists from the Luzerne Intermediate unit and the North Central Lead Teachers Center recently attended "Technology for the 21st Century," a principals academy, at Wilkes University.

Sponsored by the Regional Computer Resource Center at Wilkes University, the purpose of the conference was to provide school administrators with sufficient knowledge to guide the intelligence and aquisitics of computers and other technology for their schools. In addition to presentations from the University, faculty from the Wilkes-Barre School District, IBM, Optical Data Corp., and Central Business gave presentations.

Photo from left: Dr. William Price, Luzerne Intermediate Unit; Dr. Barbara Bellucci, Wilkes Regional Computer Resource Center; Frank Houston, LIU; John Glod, Meyers High School; Andrew Kuffa, Meyers High School; Victoria Glod, Computer Consultant; Matthew Zukoski, Wilkes RCRC.